
RISE AND SHINE, SLEEPY HEAD!


AND WHAT A PERFECT MORNING IT IS! YOU'VE GOT A GREAT BIG DAY AHEAD!
LET'S GO THROUGH SOME OF THE GOOD NEWS. WHAT DO YOU SAY?
NOTHING TOO STRESSFUL AT WORK, BUT THE 99-S REPORTS ARE COMING DUE, SO KEEP AN EYE ON THAT.
IF THOSE LOOMING DEADLINES CAUSE YOU STRESS, TAKE A WALK TO GOLDEN GATE PARK ON YOUR LUNCH BREAK AND PARTICIPATE IN THE MONTHLY "EVERYONE IS BEAUTIFUL" PARADE.
THE WEATHER CAPTAIN HAS REPORTED THAT YESTERDAY'S TWO-DEGREE TEMPERATURE INCREASE HAS BEEN RESOLVED.
WE'RE BACK TO A 72-DEGREE DAY, NOT A CLOUD IN THE SKY. HOW GREAT IS THAT?
OH, AND THE LOCAL GROCERY IS OFFERING PEACHES--YOU LIKE PEACHES.
AND DON'T THINK I FORGOT THAT TOMORROW IS YOUR SPECIAL BIRTHDAY! YOU KNOW WHAT THAT MEANS?
I GET AN EXTRA PEACH.
THAT'S RIGHT!


THAT MAKES 110 MG OF CAFFEINE TODAY, SARA.
THAT'S YOUR LIMIT.
BE MINDFUL.
I HAVE A CHEAT POINT ROLLED OVER FROM LAST WEEK.
YOU BETCHA! SPEND IT WISELY.
COFFEE CAN HIT THE SPOT BUT CAFFEINE CAN CAUSE--
IRRITATION.


BUT NOT AS MUCH AS HAVING A [redacted] ROBOT TELL YOU HOW MUCH YOU CAN DRINK.
GRANT! STOP IT.
BRENDA IS MAKING SURE WE DON'T DRIFT INTO BAD HABITS.


I LIKE BAD HABITS.
HENCE BRENDA.
HOW'D YOU SLEEP?
DOWN AT 11, UP AT 7.


SAME AS EVERY OTHER NIGHT.
YOU SAY THAT AS IF IT'S A BAD THING.
SO, WHY BOTHER ASKING?
I'VE READ ABOUT SLEEP DISORDERS IN THE OFF-GRID TYPES. SOUNDS HORRIBLE.


MAYBE. SURE.
BUT MAYBE SOMETIMES REALLY GREAT THINGS HAPPEN BECAUSE AN INSOMNIAC WAS UP ALL NIGHT.
WHAT ART, LITERATURE, OR MUSIC WAS NEVER CREATED BECAUSE OF OUR PERFECT SLEEP ROUTINES?


YOU PROMISED.
OF COURSE.
I'M JOKING.
I JOKE TOO MUCH. BECAUSE I AM FULL OF MIRTH AND SARCASM, WHICH I KNOW TO BE "TOXIC."
I USED TO THINK IT'S BETTER TO EXPRESS HOW I ACTUALLY FEEL THAN TO LIVE IN A POSE, BUT I KNOW BETTER NOW.
SOME BLACK COFFEE MIGHT HELP ME PRETEND.
OH, I'M SO SORRY, GRANT... YOU'VE HAD YOUR CAFFEINE ALLOTMENT FOR THE WEEK.
IS THAT RIGHT?
HOW ABOUT SOME JUICE?
IT'S NOT MUCH...
I'M AFRAID THAT YOUR SUGAR INTAKE IS ALSO A LITTLE ON THE NOT-SO-COOL SIDE.
TAKE A BREATH.
PRACTICE YOUR POSITIVE AFFIRMATIONS.
FAMILY DINNER TONIGHT. PIA AND KENT ARE COMING, YOUR PARENTS...


YEAH. OKAY. I FORGOT THAT WAS TONIGHT.
THAT'LL GET ME THROUGH THE DAY.
HOW ABOUT SOME BREAKFAST?
TONIGHT'S BIG DINNER WILL CONSIST OF SOME HIGH-CALORIE OPTIONS.
SO, LET'S STICK TO A 140-CALORIE BREAKFAST.
GOTTA KEEP AN EYE ON THAT BELLY!
THIS NEVER BOTHERS YOU? YOU NEVER IMAGINE WHAT IT WOULD BE LIKE TO HAVE A LITTLE FREE WILL?
IT LEADS TO SICKNESS, WAR, AND DEPRAVITY.
I'D KILL EVERYONE IN THIS SECTOR FOR A NIGHT OF DEPRAVITY.
I THINK YOU DON'T KNOW HOW TO BE HAPPY.
YOU DO THIS EVERY BIRTHDAY.
GETTING OLDER IS HARD— WHA!


GOTCHA!
OH, THAT WAS... I ALMOST...
BUT YOU DIDN'T.
SOMETIMES CHAOS LEADS TO NICE THINGS.
OH, LOOK AT THE TIME, YOU'RE BOTH GOING TO BE LATE FOR WORK!
AND ORDER, WELL—
YOU GET THE IDEA.